

“Good Grief” pt1



ISAIAH 53

Good news for those who grieve



If grief is the result of loss, what kinds of loss?



Kinds of losses...



- **Loss of a loved one.**
- **Loss of marriage/family**
- **Loss of an unborn baby.**
- **Loss of health.**
- **Loss of friendship.**
- **Loss of a job.**
- **Loss of innocence.**
- **Loss of dignity.**
- **Loss of respect.**
- **Loss of a dream.**
- **Loss of finances/things**
- **Loss of a pet.**

Isaiah 53:3-5



**He was despised and rejected by men;
a man of sorrows, and acquainted with grief;
and as one from whom men hide their faces
he was despised, and we esteemed him not.**

**Surely he has borne our griefs
and carried our sorrows;
yet we esteemed him stricken,
smitten by God, and afflicted.**

**But he was wounded for our transgressions,
he was bruised for our iniquities;
upon him was the chastisement that made us whole,
and with his stripes we are healed.**

Healing...



“Our healing is found in allowing the presence of Jesus to enter the deepest places of our grief.”



Good grief!




So called grief process...

HOW WE
WANT
GRIEF TO
WORK



HOW GRIEF
ACTUALLY
WORKS



A misty, atmospheric landscape featuring a dark, winding path that leads towards two large, bare trees. The scene is shrouded in a thick, pale fog or mist, creating a somber and contemplative mood. The trees are silhouetted against the light background, and their branches are intricate and leafless. The overall color palette is muted, with greys, browns, and soft whites, contributing to a sense of quiet reflection.

Blessed are those who mourn, for
they will be comforted.

Jesus

<http://evolvingfaith.blogspot.com>